



***GITARATTAN INSTITUTE
OF ADVANCED STUDIES
AND TRAINING***

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SECTION-A
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LIFE SKILLS EDUCATION

SKILL OF DECISION MAKING: CONCEPT,
IMPORTANCE FOR EDUCATIONISTS AND
INTEGRATION WITH TEACHING LEARNING
PROCESS

DECISION



MAKING

MAKING





INTRODUCTION (WHAT IS DECISION MAKING?)

Decision making is the process of **making** choices by identifying a **decision**, gathering information, and assessing alternative resolutions.

In psychology, decision-making is regarded as the cognitive process resulting in the selection of a belief or a course of action among several possible alternative options. Decision-making is the process of identifying and choosing alternatives based on the values, preferences and beliefs of the decision-maker.

“Decision-making involves the selection of a course of action from among two or more possible alternatives in order to arrive at a solution for a given problem”



SKILL OF DECISION MAKING (EXAMPLE)

Let's say that ten-year-old Arnav needs to choose between a hamburger and a hot dog at a restaurant. Seventeen-year-old Ambika needs to pick which college she will attend: Juilliard, Harvard or Oxford University. Both Arnav and Ambika need to make decisions. Arnav's decision is minor. Ambika's decision, on the other hand, will affect the rest of her life.

Decision making involves the process of choosing between two or more courses of action. In many everyday decisions, you must decide your course of action in a split second. For example, if you're driving and you need to decide whether or not to turn down a road or keep going straight, you need to make that decision within only a few seconds. You won't have time to draw out a lengthy plan of which road you should take.

But then, there are opportunities where you have time to ponder and ruminate on a decision, like Ambika, with her choice of college. Ambika can draw out the pros and cons of each college and choose a course of action based on which option has more advantages. There are certain skills that can make someone a better decision maker. Let's learn more about these skills using Ambika and Arnav as examples.

BASIC SKILLS INVOLVED IN DECISION MAKING

Intuition - This encompasses an aptness to comprehend something instantly, without the need for analyzing, thinking, or conscious reasoning. When Ambika was robbed at gunpoint, her intuition told her to throw her wallet and run in the opposite direction.

Foresight - This is the ability to predict consequences of a particular action or decision. Ambika made the decision to study for her test instead of going out with friends, because she could foresee that if she got a bad grade on her math test, that it could impact her college admissions.

Critical thinking - This entails the capacity to think and reason clearly and logically, and comprehend how concepts and ideas relate. It involves the ability to gather, analyze and evaluate information. Ambika used critical thinking skills when making her college decision. She visited her top choices and gathered all of the financial and other info she would need to make her decision. Then she analyzed the information using a chart of pros and cons for each college.

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Emotional intelligence- This is an ability to read others' emotions, which can aid in decision making involving people and to use emotional information for making decisions. Arnav was able to notice cues that his mom was getting irritated that he was taking so long to choose between a hot dog and a hamburger, so he went ahead and chose a hot dog.

Self-control - This involves an emotional regulation that is useful to control extreme emotions so that a person can use rationality in making decisions. Arnav's mom used self-control and anger management techniques, like taking deep breaths and taking a time out for herself, so that she wouldn't yell at Arnav to get back in the car without dinner.

STEPS OF DECISION MAKING PROCESS

1. Identify the problem. To make a decision, you must first identify the problem you need to solve or the question you need to answer. ...
2. Gather relevant information. ...
3. Identify the alternatives. ...
4. Weigh the evidence. ...
5. Choose among alternatives. ...
6. Take action. ...
7. Review your decision



IMPORTANCE OF DECISION MAKING SKILL FOR EDUCATIONISTS

Leadership Skills:

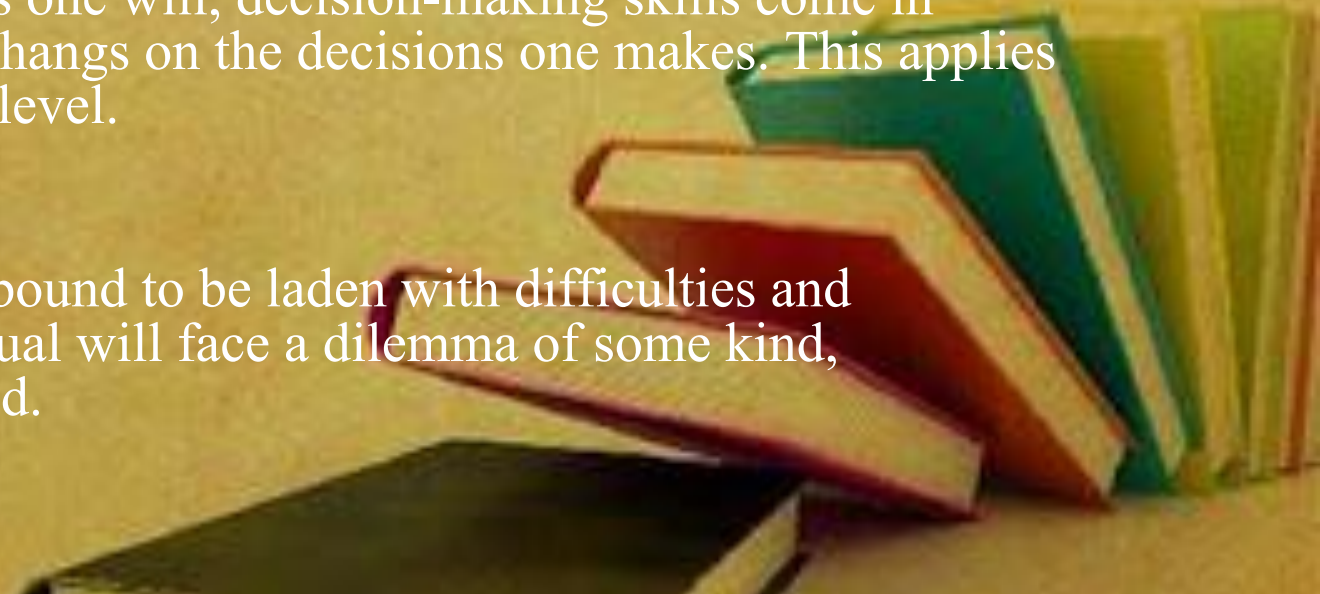
It is the primary skill one should possess to become a leader. An organisation stands on the foundation built by the leader's decisions.

To Deal with Problems:

When faced with any challenges or issues, as one will, decision-making skills come in handy. When in adverse circumstances, fate hangs on the decisions one makes. This applies to an individual as well as an organisational level.

To Achieve The Goals and Objectives:

The process of attaining the pre-set goals is bound to be laden with difficulties and impediments. It is also one where an individual will face a dilemma of some kind, especially when ethical concerns are involved.



DECISION MAKING



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graph TD; A[DECISION MAKING] --- B[alternatives]; A --- C[uncertainty]; A --- D[high-risk consequences]; A --- E[interpersonal issues]; A --- F[complexity]
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alternatives

uncertainty

high-risk
consequences

interpersonal
issues

complexity

LISTEN TO THE AUDIO TO KNOW MORE ABOUT DECISION MAKING



PLAY THE VIDEO FOR MORE INFORMATION ABOUT IMPORTANCE OF DECISION MAKING



COMMON CHALLENGES IN DECISION MAKING

Having too much or not enough information-Gathering relevant information is key when approaching the decision making process, but it's important to identify how much background information is truly required.

Misidentifying the problem-In many cases, the issues surrounding your decision will be obvious. However, there will be times when the decision is complex and you aren't sure where the main issue lies.

Overconfidence in the outcome-Even if you follow the steps of the decision making process, there is still a chance that the outcome won't be exactly what you had thought in mind.



INTEGRATION WITH TEACHING LEARNING PROCESS

- ❖ Teachers are constantly making decisions in their classroom, probably decision making is the central role of a teacher in classrooms.
- ❖ Decisions are about the lesson content, teaching style, motivation of the class, etc.
- ❖ The decisions involve fine judgements of the capacities of individual children, the determination of their needs and the evaluation of their achievements.



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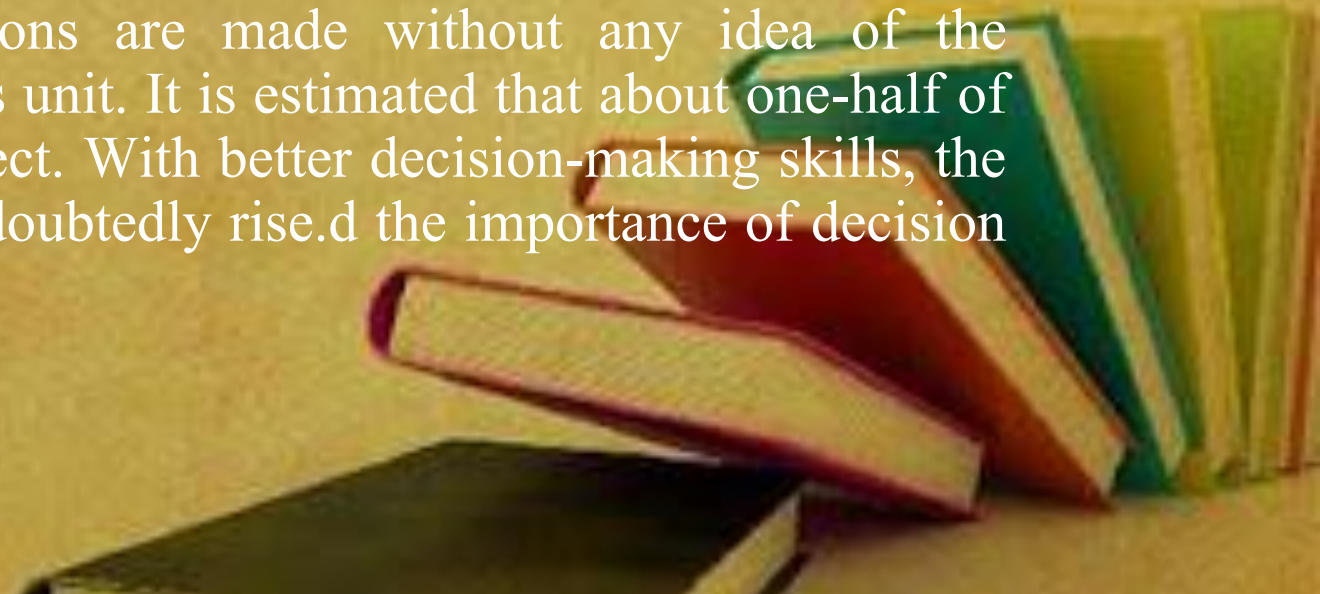
- All students should have validating, sustainable, opportunities that they are interested in to make decisions about their own learning and education as a whole.
- Decision-making opportunities should engage students in solving genuine problems and making substantial decisions that will promote critical thinking skills.
- Students should possess the knowledge and ability needed to make informed decisions.
- Students and educators should be responsible and accountable for developing responsible, creative action plans to implement decisions.



TEACHING DECISION MAKING: THE IMPORTANCE OF GOOD DECISIONS

There is a tremendous need for good decision makers in today's world. People are needed who have the ability to make decisions quickly and responsibly. This is why it is so important for you to teach good decision making skills to your students. In order to do this, your students must understand.

While everyone has to make decisions, it is amazing how little is known about how to make a good decision. Most decisions are made without any idea of the decision-making principles covered in this unit. It is estimated that about one-half of the decisions made in business are incorrect. With better decision-making skills, the percentage of correct decisions would undoubtedly rise. The importance of decision making.



PROS AND CONS OF DECISION MAKING

ADVANTAGES

- GIVES MORE INFORMATION
- INCREASES PEOPLE'S PARTICIPATION
- PROVIDE MORE ALTERNATIVES
- IMPROVES THE DEGREE OF ACCEPTANCE AND COMMITMENT
- IMPROVES THE QUALITY OF DECISIONS

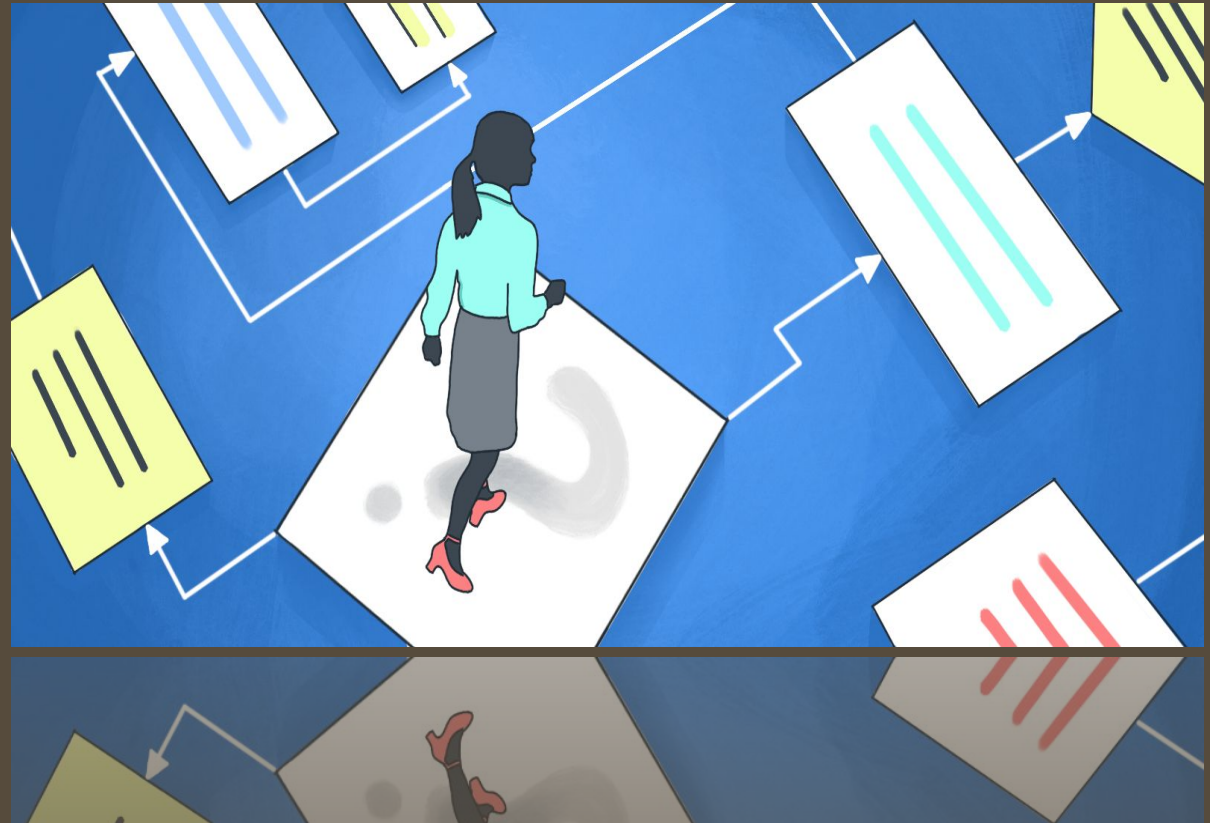
DISADVANTAGES

- DIFFICULT TO ANALYSE DIFFERENT PERSPECTIVES IN CASE OF GROUP DECISION MAKING
- TIME CONSUMING
- INDIVIDUAL DOMINATION, IN CASE OF GROUP DECISION MAKING

HOW GOOD ARE YOU AT DECISION MAKING?

CHECKOUT THE LINK BELOW AND
ATTEMPT THE QUIZ TO KNOW HOW GOOD
YOUR DECISION MAKING SKILLS ARE.

https://www.mindtools.com/pages/article/newTED_79.htm



CONCLUSION

Decision-making process makes it possible to choose the right action among different alternatives available. This right decision selection makes it easy to properly manage all business affairs and easily attain objectives.

Decision making is a continuous and dynamic activity for every business/organisation. It must be ensured that people of sound mind and creative thinking should be involved in the decision-making process.



THANK YOU