

GITARATTAN INSTITUTE OF ADVANCED STUDIES & TRAINING

Community Engagement Activities

WORLD ENVIRONMENT DAY

Poster Making “Eco – System Restoration”

Date – 5th June’ 2021

Venue - Google Meet

“As umbrella protects us from rain, ozone protects the earth from the sun”

World environment day observed on 5th of June annually was celebrated in **Gitarattan Institute of Advanced studies & Training, (GIAST) on June 5, 2021**. The celebration took place via GOOGLE MEET .THE THEME FOR THE Event was **Eco – System Restoration**. Poster making competition was organized where the students showcased the creative skills using different colours & Conservation ideas in accordance to the theme of the Event. All B.ED & D.ELED students passionately participated in the event & gave their best. Through this event, students were able to enhance each other’s’ awareness about the importance of environment. Overall, the events infused the feelings of love and respect for the conservation of environment among the students.





INTERNATIONAL YOGA DAY

THEME: "YOGA FOR WELLNESS"

Date: 21st June'2021

Venue: Google Meet

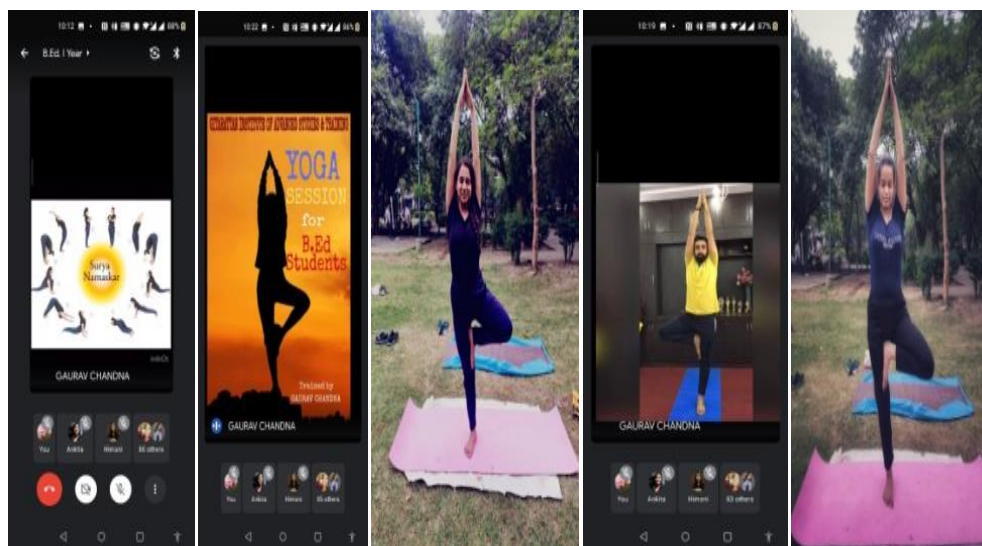
"Yoga is not just a workout – It's about working on Yourself"

-- Mary Glover

On 21st June'2021, Monday, International Yoga day was celebrated in Gitarattan Institute of Advanced Studies and Training (GIAST) via online platform i.e. Google meet.

Over the past one and a half year, Yoga has gained more importance due to the coronavirus pandemic, and accordingly the theme for **International Yoga Day 2021** was decided to be **"Yoga for wellness"**. The event organized in the college witnessed an active participation of the B.ED & D.EL.ED Students 2021. Our renowned faculty Sir Gaurav Chandra initiated the event by enlightening everyone about the purpose of celebrating International Yoga Day annually since 2015, following its inception in the United Nations General Assembly in 2014. Yoga is a physical, mental and spiritual practice which originated in India.

Further, guided the students with the right procedure of Suryanamaskar along with the breathing techniques. He also befriended students with the 12 basic yoga postures. Overall the event emphasized on the all-round and the harmonious development of the students.



“PUPPET SHOW”
Theme: ‘social issue’

Date: 27th May 2021
Venue: Google meet

A Puppet show was organized by GIAST on **27th May 2021** (Thursday), Venue: Gogle platform Timing 2:00 to 4:30pm for B.Ed students. The Anchoring was done by Ms. Komal Sharma, a student of GIAST, and the event’s theme was **‘social issue’**. Students participated with great zeal, vigor and enthusiasm. The students were dividng among different groups, with a total of 10 groups. Students prepared creative scripts as per the topics chosen by them with respect to the theme of the event organized. Students used all kinds of props including different types of puppets, sticks, Marionette and Ventriloquist's dummy.



All groups thus delivered their social messages in their own artistic and imaginative way.

At last the event came to an end with the concluding by Great Jury Members, where they shared their nostalgic experiences along with the tips and tricks with the scope for improvements.