

GITARATTAN INSTITUTION OF ADVANCED STUDIES AND TRAINING

CIRCULAR

Date: 20th June'2022

Dear Trainees

This is to inform you that Institute is going to organize International Day of Yoga 2022 and also celebrating Azadi ka Amrit Mahotsav on 21.06.2022 from 09:10 am to 10:15 am in the Institute Playground. GIAST hereby take this opportunity to invite all the students / faculty to come and join the yoga practice in the Yoga for Well being Session.

Stay Safe & Stay Healthy

Regards

SD/-

GIAST ADMIN